

Bright Star Touring Theatre

ONE NOBLE KNIGHT

THIS IS A NATIONAL TOUR:
BRIGHT STAR TOURING THEATRE
Serving the world from
Asheville, North Carolina
TELEPHONE
336-558-7360
OVER 60+
SHOWS ON
TOUR!

3rd-8th grade

Free with show!

www.brightstartheatre.com

One Noble Knight: AN ANTI-BULLYING LEGEND

ABOUT THE SHOW!

In a land ruled by a Cruel Queen, one noble Knight must unexpectedly rise to the task of defeating the bullying Queen Edda. Can one Knight accomplish this task alone? With the help of the Wise Wizard, Waldemar, and the Queen's servant, Bumbleworth, our noble Knight will learn to overcome all obstacles in order to save his Kingdom and all its people. This more serious look at bullying will teach your older grades the importance of respect and loyalty. We will equip your audiences with the tools they need to handle bullying.

Fun Facts about the show

* Did you know that this is a nationally touring production? That means the professional actors are traveling the country (around a 1,000 miles a week) performing everywhere from theatres and museums to schools and civic groups.

* About a hundred yards of fabric are used in each production we launch!

* Our company travels in a fleet of mini-vans, everything on stage goes into the back with two other productions!

Show Objective: Our objective as a company is to challenge young audiences with programs that make them better citizens. This show is designed to empower young audiences with the tools they need to stop someone from bullying them.



Picture from the show



life in the village



Queen Edda's castle

check out our website
for video clips,
curriculum links, press
releases and more!

We offer shows in Black History, Anti-Bullying, Science, STEM, Holiday, Character Education & More!



Atacunas (pre-1900) sketch



Before & After :)

Dealing with Bullies at your School!

IDEA 1

A lot of schools have found great success in installing an anonymous reporting box in a hallway or in the front office. This box is there so that students can report incidents of bullying when they experience it, or witness it. It's important that the school act upon these to ensure each student is experiencing a safe learning environment.

IDEA 2

It's important to impart to young people that bullying is a behavior that should not be tolerated. Especially when someone witnesses it happening. Equipping people with the tools and knowing what to do is so important--especially since much of bullying happens out of sight of teachers.

IDEA 3

You have to be sympathetic when a bullied student approaches you. Then having and knowing the tools you can use within your school to act. It's your responsibility to help a student who comes to you in need.

IDEA 4

Step up supervision in problem areas within the school and involve the PTA.

Did you know?

WIZARD:

In our production, there is a character of the Wizard Waldermar. A Wizard is a man who has magical powers, especially in legends and fairy tales.

QUEENS SERVANT:

Did you laugh at Bumbleworth? The word servant dates back to the 13th century.

KNIGHT

In the Middle Ages, knights were men who served his sovereign or lord as a mounted soldier in armor. Knights developed from the chaos of the fall of the Roman Empire--when lack of governments meant chaos and danger--knights were created to protect areas from warbands.

QUEEN

The female ruler of an independent state, especially one who inherits the position from birth. In our production, she's the bully that needs to be stopped!

160,000 students miss school every day because of bullying.

Teachers only intervene in 4% of bullying incidents.

3.2 million students experience bullying each year

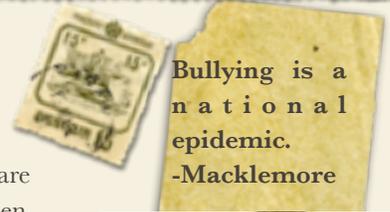
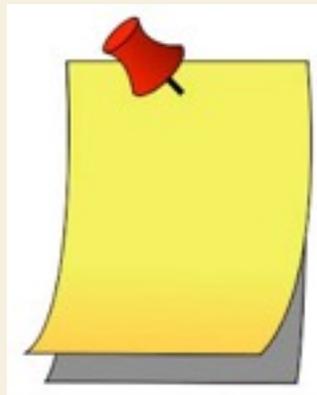
1/2 the incidents of teen suicide can be linked to bullying.

Classroom Activities!

1. CREATE A BULLY BUDDY SYSTEM

(Best for Grades 6-8; Materials needed: None) Use the older grades in school to buddy up with younger students. Talk to your school counselor for younger grades (Kindergarten through 5th) and find out if any students are being bullied on a regular basis. If there are, find some students in your older grades that would like to be a buddy to a bullied student. They can meet up with them at lunch, play an after-school sport or activity with them and always stop to say hello or hang out with them when they see them outside of the classroom. This can help the younger bullied student out a lot and can also make the older buddy understand the effects on bullying even more. People are less likely to pick on someone who has a buddy around them.

a rule, be sure to reference the list that everyone decided upon together. They are much more likely to follow the rules when they've made them themselves.



SUB-TYPES OF BULLYING

- Cyber bullying
- Disability bullying
- Gay bullying
- Legal bullying
- Parental bullying

Does your School have plans in place for these kinds of bullying?

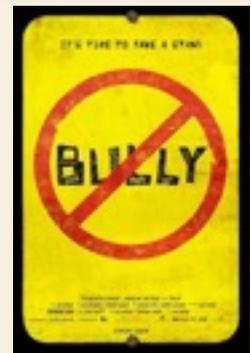


2. YOU MAKE THE RULES

(Best for Grades 3-5; Materials needed: Poster board & Marker) Gather the class around and tell them you're going to have make a classroom rules list. They only catch is that they get to make the rules. Help facilitate the discussion and let them come up with the best classroom rules, with an emphasis on anti-bullying and being nice and kind to one another. After everyone has given input and the rules are all done, have each student sign the bottom and then post the giant poster board of the rules in the room for everyone to see. When someone breaks

3. PUT ON A SHOW

(Best for grades 4-6; Materials needed: Pencil & Paper) Divide the classroom into groups of 3-4. Each group is going to come up with an anti-bullying performance that they will share with the class. The performance must include ways to overcome being bullied and to handle bullies effectively. The anti-bullying performance can be an original song, a dance, a play, a poem or any other performance avenue they would like. Give each group 15 to 30-minutes to put their presentation together and then have one group at a time perform for their classmates. Have a discussion after each group shares their program.



*There are incredible resources out there to help you with bullying in your school. One resource we at Bright Star love is a movie called *Bully* that came out a few years ago (pictured above). It is a powerful documentary. All of our actors attend a screening of that film prior to going on the road with any anti-bullying program.

Wait, you were bullied, too?

MEGAN FOX

Megan was bullied constantly in high school and felt that it would never end.



CHRISTIAN BALE

Christian was bullied and beat up by his classmates.

CHRIS ROCK

Chris developed his humor as a response to being bullied.



MADONNA

Madonna was bullied very bad by the boys in her school.



BILL CLINTON

Bill was mocked & made fun of incessantly in school.



JUSTIN TIMBERLAKE

Justin faced bullying at school, mainly for his looks and his interest in performance.



JENNIFER LAWRENCE

Jennifer was bullied so bad she had to switch schools.



BARACK OBAMA

President Obama was bullied in school and went on to become the President.

RIHANNA

Rihanna was teased for the color of her skin and her looks.



TAYLOR SWIFT

Taylor was bullied pretty bad in Jr. High and it inspired her to write songs.

TOM CRUISE

Tom struggled with reading and was bullied pretty bad because of it.



STEVEN SPIELBERG

Steven was bullied in school for being a nerd.



Anyone can be bullied. It has nothing to do with you and your worth.

We offer shows in Black History, Anti-Bullying, Science, STEM, Holiday, Character Education & More!

Before you see the play...

Attending the theatre is very different from watching TV or going to the movies. For one thing, the actors are real people who are performing right then and there. They can see and hear everything that happens in the audience. Because of this, you are an important part of the play and the actors count on you to do your job as an audience member well.

Here are some tips before you see the play:

1. Please be quiet and respectful so everyone else around you can hear what's happening and so the actors can do their job.
2. The actors may ask you to participate. Don't be afraid to respond, ask a question or volunteer yourself!
3. Please keep your hands to yourself and your eyes up front.
4. If you like the play, be sure to clap at the end to show your appreciation.
5. Notice how the story is being told by the actors. How do they use their body and voice to be different characters?
6. Listen to the facts that are in the play in order to understand what the world was like at the time.



BULLYING

Be a friend. If you see someone being bullied, it's important for you to stand up for that person. No one deserves to be bullied! Let's help make schools bully free!

After seeing the play...

Write your own review of the play! A review is a way of telling your thoughts about a play, movie, book or song. Consider the following when you are writing your review:

Who was your favorite character? What was the setting or location of the story? Can you summarize the play in your own words? If you had written this play, would you have done anything different? Would you recommend this play to a friend or family member? Name one new thing you learned from watching this play!

THINGS YOU DIDN'T KNOW ABOUT THEATRE!

After a play is over and everyone goes home, there is always a light left on backstage. It's called a ghost light!

When plays ended in Ancient Greece, audiences used to stomp their feet instead of clapping.

The oldest play that is still around was written by an Ancient Greek named Aeschylus. It's almost 2500 years old!

The longest performance on stage was over 23 hours long! It happened in New Jersey in 2010.

William Shakespeare is a famous play writer. He wrote 37 plays and is still quoted by many people. There are 157 million google pages that mention him--the most of any famous person ever!

In theatre, it's considered bad luck to tell an actor, "Good luck" before a performance. Instead, you're supposed to say, "Break a leg!"

The word "theatre" comes from a Greek verb meaning "to behold".



THEATRE VOCABULARY



Actor: The people on-stage performing the play.

Backdrop: The background for the play.

Props: Anything that an actor hold while on-stage -- a cane, book, a pen, etc.

Downstage: The area closest to the audience. A long time ago stages were built at angles.

Upstage: The area away from the audience, like the back wall of the stage.

Director: The person who told the actors where to go while they were on-stage and helped them create the characters they played.

Costumes: The wigs, clothing and glasses that the actors wore to help flush out their characters.

Cheating Out: When actors turn their faces towards the audience even though they are talking to the person next to them.

Auditions: How an actor gets a role is by auditioning. They may have to interview, pretend to be a character from the play or read something from it.

Set Designer: The person who decided what should be on the background and who painted or created it.

FACTS ABOUT BRIGHT STAR!!



1. Did you know that we're owned by an Emmy winning actor?
2. Our actors average 1,000 miles a week traveling the country to entertain young audiences.
3. Our favored mode of transportation for touring is a hip mini-van.
4. Our programs have been seen in almost every corner of the country and even around the world.
5. We watch over 1200 actors audition before we cast our season.
6. We offer dozen of different shows each season from Black History to Science and literary classics.
7. We toured Moscow, Russia with performances of our Aesop's Fables play!
8. We are based in Asheville, North Carolina.
9. We were founded in 2003.
10. We tour the nation offering high quality, affordable programs to every imaginable venue.

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Made it's debut in September 2016

Created by Bright Star Touring Theatre

Lead Authorship carried out by David Ostergaard, All Rights Reserved.

Lear more about this show, this company & our whole season:

www.brightstartheatre.com

We want every show to be special and remarkable for our audience. Please feel free to connect with us at anytime to tell us about your experience:

david@brightstartheatre.com



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