# Turkey Trouble At Friendly Acres Farms

# Help Stop Bullying

Our company tours many, many shows throughout the year. But of all the messages we send, we hope the one heard the loudest is how important it is to address issues like bullying. This is a real epidemic in America and we hope that with every show we perform we can help at least one student recognize tools that will help them overcome their own bullying experience.

#### WE ARE HERE TO HELP!

We hope the message of the show, the information in this study guide and the talk-back following the show are all tools that you can use to help put an end to this problem. As an adult you are a vital part of the solution.

If a student turns to you for help or you see something going on, please step in and help. Be a super hero in this person's young life, as you may just end up saving theirs. We know being a teacher, mentor, and parent is often a thankless job, so we want to say Thank You. Especially for taking this message seriously.



## **The Barnyard Bully**

We are so excited about having the opportunity to share this interactive and animal-themed adventure with you and your students. This production takes your students on a journey down to Friendly Acres Farm where all the animals are having a great time until a bullying turkey starts

picking on all the other animals. Luckily, with Farmer Jim there to help, along with his dog Lucy and lots of help from the attending audience--Friendly Acres can hopefully manage to turn things around, and once again, be the friendliest farm in all the land. We hope you enjoy the show!



SETTING: Where does the play take place? Our play takes place around the barnyard of Friendly Acres Farm. Farmer Jim runs the barn with his funny animals!



CHARACTERS: What are the different characters, figures, people, and animals that appear in the show? We can tell ya there's a dog and a Turkey...now who else did you see?



PLOT: What's the play about? The storyline or theme? Every good play has conflict? What was the conflict in the show? Maybe the bully bothering the other animals?

### Quick Tips for Dealing with Bullies!

IF YOU ARE BEING BULLIED:

#### 1.ALWAYS TELL AN ADULT!

Sometimes it can be hard to talk with an adult about serious things, so find an adult that you trust- your parent(s), guardian(s), your teacher, your coach, your neighbor, your school counselor.

2. **STAY IN A GROUP!** If you spend more time with groups of friends or other people, you'll have others around to help you if you get into a difficult situation.

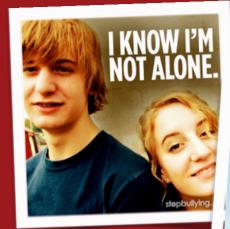
#### 3. IF IT FEELS SAFE, TRY TO STAND UP TO THE PERSON WHO IS BULLYING YOU! Keep it

simple. You might just say 'Cut it out' then walk away.

#### 4. IF YOU'RE BEING BULLIED

**ONLINE, DON'T REPLY.** Instead, be sure to tell a family member or another adult you trust. If possible block any future communication from the person.

## ADULT RESPONSIBILITIES



TO MANY ADULTS, BULLYING IS JUST PART OF THE GROWING UP PROCESS. THAT SIMPLY ISN'T TRUE! IF YOU SEE SOMEONE BEING BULLIED OR ARE ASKED FOR HELP, IT'S YOUR DUTY TO

#### 5. JOIN CLUBS OR TAKE PART IN OTHER ACTIVITIES WHERE YOU'LL MEET NEW FRIENDS.

You can meet other kids who share your interests and you might make some good friends!



WHAT CAN YOU DO? INVOLVE OTHER ADULTS, PARENTS...POLICE. CONFRONT THE BULLY, FIND HELP ON BULLYING WEBSITES--BUT MOST OF ALL DO SOMETHING!





**ADULTS!** No one deserves to be bullied, ever. If you can write down where the incident(s) happen, when they happen, who is doing them and what they are doing. With a proper record, adults can easily help you!

## WHAT IF .... YOU WITNESS SOMEONE BULLIED?



"Support someone who is being bullied! Sometimes the best thing you can do is be a friend. Let adults know when it's happening and if you can help put an end to it, do it!" — Farmer Jim



"Report it! Report it! Always. You aren't tattling if you are helping someone out and to help them stay safe."

Students admitting to being a bully	1 in 5
Students who will be bullied by another student	<b>1</b> in 4
Bullied rate among students with disabilities	94
Students cyber bullied daily or weekly	13

-Farmer Jim's Dog, Lucy

## FACTS



**160,000** Students miss school each day because of bullying.

**1 in 4:** Teachers don't think bullying is wrong and intervene only 4% of the time.

**1 in 10:** Students drop out..... of school because of bullying.

**67%:** Students who say their school does too little to handle bullies.

**Boys** As they age, become less and less sympathetic for the victims of bullying.

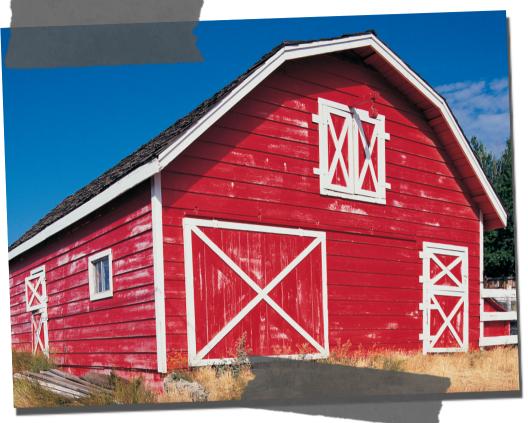
Physical Abuse: Peaks in Middle School.

### **Creative Fun!**

This activity celebrates science, farms, and can relate to an anti-bullying theme easily.

The object is to have students create a safety zone in which a raw egg, in the shell, can be placed and dropped from tall distances without breaking. From a ladder or desk top is cool--but it's even cooler if its from the top of a stair case or the roof of the building. Students should use whatever objects they can find to make a safe haven for their precious egg. THINGS YOU'LL NEED: EGG FOR EVERY STUDENT, A HIGH PLACE LIKE A STAIRWELL OR LADDER, FOUND OBJECTS TO HELP PROTECT THE EGG, A GOOD MOP AND **ANTI-EGG WASH :)** 

## THEATRE ETIQUETTE



#### **BEFORE YOU SEE THE PLAY**

Attending the theatre is very different from watching TV or going to the movies. For one thing, the actors are real people who are performing right then and there. They can see and hear everything that happens in the audience. Because of this, YOU are an important part of the play and its important to do your job as an audience member well. Here are some tips before you see the play.

1. Please be quiet and respectful so everyone else around you can hear what's happening and so the actors can do their job.

2.If something is funny, it is okay to laugh!

3.The actors may ask you to participate. Don't be afraid to respond, ask a question or volunteer!

4.Keep your hands to yourself and your eyes up front.

5.If you like the play, be sure to clap at the end.

6.Have fun! Enjoy yourself!

## CRAFT IDEAS!

Using found objects; plates, cups, paper, glue and markers, create farm animals. The more creative the better!

PAPER PLATE FUN: HOW MANY ACTIVITIES CAN EVOLVE FROM A SIMPLE PAPER PLATE?

THEY CAN BE CUT OUT TO CREATE TURKEYS AND PAINTED ON TO CREATE MASTERPIECES!

# **Classroom Activities!**

#### **CLASSROOM IDEA: LET'S HAVE A CONVERSATION**

Let's take time to process the play and its message and what the students learned from the production. Can they think of times in their own life when they were bullied? How did that make them feel?

#### CLASSROOM IDEA: ENFORCE KEY LESSONS FROM THE SHOW

Reiterate the key lessons from the show by asking students to talk more about what they mean and if they can abide by them. What are tools they learned to stop someone from bullying them? How can they walk away from the bully? How can they help if they see someone being bullied? Talk to an adult who can help.

Keep a record of what's going on.

Try keeping friends nearby so you aren't alone.

What does your school suggest students do to stay safe and bully free?

#### **CLASSROOM IDEA: EMOTIONS**

Ask your students to write down the different names they have been called & when they have been bullied. Then ask them to destroy that piece of paper and throw it away. Now have them write down all the words and nice things they want people to call them. What's the difference between doing those two projects--what emotions did they feel between them?

#### CLASSROOM IDEA: BULL-YING

Teach young people that avoiding conflict may not always be possible. But engaging in bullying is always a choice. What's the difference between the two and how can students handle either situation?

#### **CLASSROOM IDEA: CREATE A BULLY BOX**

Create a box in a handy area--like in a hallway or the main office. This box should be used for students to anonymously report when they see bullying happening. It offers teachers and staff an opportunity to be aware of the bullying and hopefully offer help. It should include who is doing it, where it's happening, what is going on, etc.

#### **CLASSROOM IDEA: FARM PARADE**

Everyone get up in a clear open space. Moving around as a farm animal, you must walk up to every other person playing and tell them a compliment.

#### CLASSROOM IDEA: DRAW THE FARM

Time to pull out the crayons and the paper. It's time to draw a picture of Friendly Acres Farm and the animals that were in the play. For older students have them enhance the drawing with a description of the scene and possible dialogue that could be happening in the moment.

#### **CLASSROOM IDEA: POSTER PSA**

Organize a classroom or school wide campaign to create anti-bullying themed posters. Messages should include ways to stop someone from bullying them and tips to people who are getting bullied. Showcase the posters around the school or community to keep enforcing the message that bullying is unacceptable and students can have help in these situations.

#### **CLASSROOM IDEA: ACTING 101**

Tell one student (in secret) a specific farm animal. Have the student silently move about the front of the class acting out the animal. Whoever guesses the correct animal first--gets to go next.

#### **CLASSROOM IDEA: CAFETERIA TABLE SWAP**

Have your students spend a week sitting with people in the cafeteria that they don't normally sit with. This fosters new friendships and may teach students lessons on diversity and acceptance.

#### CLASSROOM IDEA: ROOSTER DANCE

In this activity, have students do the chicken dance--the biggest and boldest dancer--wins!

## Acting



Where to start: All of our actors started out playing and telling stories when they were young -then they decided to study acting in school. Now they are pros! Here are some ways you can start doing theatre right away!

**In School!** Does your school have plays or musical performances? This is a great place to start.

In Your Community! Many towns have community theaters or local acting groups. See if you can try out!

#### Start Something! If your school

doesn't have a drama club or a theatre club, talk to your favorite teacher about how you might be able to start one.

#### At Home! Get together with

friends, cousins, brothers and sisters and make your own play. You can make up plays based on your favorite books and stories. Invite family and friends to see your performance.

#### Try new things and do your

**best at them!** There are lots of jobs in the theatre besides acting. There are people who paint the sets, make costumes, write plays and more. Get the most out of your art, music and English classes. You can use all of

these things to be a live theatre pro!

## **Behind The Scenes of Our Theatre**



#### WHO ON EARTH IS BRIGHT STAR THEATRE?

A LOUIS MUST ACRES

Founded in 2003, Bright Star tours with a number of shows each season, from antibullying and STEM to Black History, and everything in between. The company strives to make professional theatre as accessible as possible with affordable pricing and quality shows.

We thank you for the opportunity to serve your young audience and hope you found the show and actors pleasant and enjoyable. We hope to make theatre a part of every young person's life!

#### THEATRE DEFINITIONS

*Actors:* The people on stage that perform the play.

*Backdrop:* The background for the play.

*Props:* Anything that an actor holds while on stage--a cane, book or rubber chicken.

**Downstage:** the area closest to the audience -- a long time ago stages were built at angles.

**Upstage**: The area away from the audience-- like the back wall of a stage.

*Director:* The person who tells the actors where to go while they are on-stage and helped them create the characters they would play.

*Costumes:* The wigs, clothing and glasses that the actors wear to help flesh out their characters.

*Auditions:* How an actor gets a role is by auditioning. They may have to interview, pretend to be a character from the play, read something from it, etc.

*Set designer:* The person who decides what should be on the background and who paints or creates it.

#### **CONTACT US ANYTIME**

Connect with us anytime! We love receiving feedback, thank you cards, pictures and whatever else from you and your students.

The best way to contact us is to send an email to booking@brightstartheatre.com

Our actors average around 1,000 miles a week traveling the country to entertain young audiences.

Our company was founded in 2003 and is owned by an Emmy winning Actor.

Our programs have been seen around the country and across the world!

Touring Nationally & Around the World Since 2003 | 336-558-7360 | www.brightstartheatre.com